

# 8 COMMITMENTS

## NON-VIOLENCE

We are respectful  
with our  
words and actions.

## OPEN COMMUNICATION

We share information  
with honesty  
and sensitivity.

## EMOTIONAL INTELLIGENCE

We are aware of our own  
feelings and the  
feelings of others.

## SOCIAL RESPONSIBILITY

We are responsible  
for our own behaviour  
towards the  
common good.

## SOCIAL LEARNING

We learn from  
each other.

## GROWTH & CHANGE

We acknowledge loss  
and create hope  
for the future.

## DEMOCRACY

We value the voices and  
views of each other.

## CULTURAL HUMILITY

We value and  
acknowledge individual  
diversity.